



**Town of Herndon
Parks and Recreation**
P.O. Box 427
Herndon, VA 20172
herndon-va.gov



A Nationally Accredited Agency Since 2006

Learn On

Kid's Night Out Age 5-10

Take the night off while your child has some fun with their friends at our updated themed Kid's Night Out. Children will enjoy a pizza or sub dinner, watch a movie, and participate in games and other activities all incorporating that night's theme! Make sure your kids don't miss out on all the fun at our Kid's Night Out. This is not a drop-in program. Participants must be registered by 4pm on the day of the event.

1, 3.5 hour session	TOH \$18/NR \$18
Spring Forward	April 3
460010.51	F 6:30-10pm
Rock On	May 8
460010.52	F 6:30-10pm

Jr. Minecraft Age 6-9

Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Using a custom mod called "ComputerCraft," they will learn how to program robots called "Turtles" inside the world of Minecraft. They will utilize problem-solving skills by learning how to program their turtles to complete various tasks and objectives, to automatically dance, mine and craft items and structures. They will be introduced to programming if-then-else statements, for-while loops and implement their own functions using Lua, simple scripting language. Basic reading skills required. Experience playing Minecraft preferred, but not required.

8, 1 hour sessions	TOH \$178/NR \$238
April 11-May 30	
460020.60	Sa 9-10am

Minecraft Modding Age 9-14

Learn how to create and texture your own blocks and items using the popular game Minecraft. You will be introduced to very simple Java code, and learn how to create custom classes, manipulate code, and determine how each of your own items appear and behave. Create unique texture packs to use and modify at home. Improve your gameplay experience and create your own custom mods today!

8, 1 hour sessions	TOH \$178/NR \$238
April 11-May 30	
460020.61	Sa 10:15-11:15am

B.L.A.S.T. (Babysitters Lessons and Safety Training) Age 11-14

Jump ahead of other babysitters in your neighborhood! This course is provided through the American Academy of Pediatrics (AAP). It is highly interactive and energetic, with many necessary sitter skills and role play scenarios. It covers CPR, choking and first aid, but its focus is on sitter basics, injury prevention, safety, kid activities and getting the job. A colorful booklet and course certification card are provided. This course also meets merit badge requirements for babysitting for scouts.

1, 4 hour session	TOH \$86/NR \$86
May 19	
460051.21	Tu 5-9pm



ECRWSS Residential Customer

Little Nature Inspectors Age 4-6

A hands-on approach to teaching environmental education to young children. Designed to increase children's imagination, curiosity and exposure to the natural world. Topics include Magnificent Mammals, Butterflies & Moths, and Terrific Turtles. Program meets at Runnymede Park.

3, 1 hour sessions	TOH \$44/NR \$44
	Th 4:30-5:30pm

Magnificent Mammals	
460110.41	(4/9, 4/16, 4/23)

Butterflies & Moths	
460110.42	(4/30, 5/7, 5/14)

Terrific Turtles	
460110.43	(5/21, 5/28, 6/4)

Personal Training

**Get the personal attention
you deserve to get the
results you desire.**

Personal Training Starter Pack

3, 30 minute sessions	TOH \$90/NR \$120
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Includes a free 30-minute consultation

**New training clients only*

One-on-One Personal Training

1, 30 minute session	TOH \$33/NR \$41
6, 30 minute sessions	TOH \$164/NR \$205
10, 30 minute sessions	TOH \$222/NR \$278

1, 45 minute session	TOH \$43/NR \$54
6, 45 minute sessions	TOH \$215/NR \$269
10, 45 minute sessions	TOH \$317/NR \$397

Two-on-One Partner Training (Rates are per person)

1, 45 minute session	TOH \$27/NR \$34
6, 45 minute sessions	TOH \$150/NR \$186
10, 45 minute sessions	TOH \$230/NR \$290

To get started, call **703-787-7300** and ask to speak to a member of the training staff for more information or to schedule an appointment.

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Herndon, VA
Permit No. 280



Herndon REC EXPRESS

The RecExpress highlights just a few of the outstanding programs and events offered by the Herndon Parks and Recreation Department. To discover all the programs and events we offer, view our Spring Quarterly Brochure at herndon-va.gov or stop by the Herndon Community Center for a copy.

**CELEBRATING
MADE EASY**

Birthday Parties!

Plan your child's next
birthday celebration
at the Herndon
Community Center.

Featuring: swimming, play zone or sports parties; private party room; options for drinks, balloons, cake, pizza and more.

Call or visit
our webpage
for more
information
on our
party
packages.



Spring Break Camps Register Now!

Most camps run
March 30-April 3

- Angelina Ballerina Story Book Dance
- Traveling Teens
- Spring Break Camp
- Acro/Gymnastics Camp
- Multi-Sports
- Basketball Camp
- Pre-Engineering with Legos
- Tennis Camps



Preschool enrollment is underway for

2015-2016

The Herndon Community Center preschool operates weekdays from 9am-12pm for 3-5 year olds and follows the Fairfax County School Calendar. The curriculum is designed to enhance motor skills, cognitive learning, language skills, social and emotional development, and self-help skills.

For more information,
contact Kimmie Alcorn,
kimmie.alcorn@herndon-va.gov or call
703-435-6800, x2119.

2015 Summer Camps

Over 30 camps offered in dance, sports, teens, preschool, technology, gymnastics, nature and a full-day camp.
Schedule now available online or at the HCC.

Aqua Egg Hunt Saturday, March 28

Join us for our Fifth Annual Aqua Egg Hunt! After the hunt, families may stay for open swim. Swim attire is required. No mesh shorts are allowed in the pool. Children 6 years and under must be accompanied by a parent in the water. Each group is limited to 30 children. Online registration is available until 8am on March 28. After that time, all registrations must be completed at the front desk. \$10 includes one parent and one child.

Age 6 and under

409210.60	Sa 1:30-1:40pm
409210.61	Sa 1:50-2pm
409210.62	Sa 2:10-2:20pm

Age 7-8

409210.63	Sa 2:30-2:40pm
409210.64	Sa 2:50-3pm

Age 9-10

409210.65	Sa 3:10-3:20pm
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Age 11-12

409210.66	Sa 3:30-3:40pm
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Age 13-16

409210.67	Sa 3:50-4pm
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Easter Egg Hunt Saturday, April 4

Children are invited to bring their parents, cameras, baskets and egg-hunting shoes for a fun-filled morning. Games, music, arts and crafts will begin at 9:30am, along with a photo opportunity with the Easter Bunny. Registration is \$9 and is available online or on day of event. Cash or check accepted; no credit cards on day of event. Event takes place at 777 Lynn Street behind the Herndon Municipal Building. Parking is available at the various parking areas in downtown Herndon. Event held rain or shine.

Egg Hunt Times

Age	Time	Activity Code
5-7	9:30am	454500.61
3-4	10:15am	454500.62
Walking-2	11am	454500.63

Splash On

Jump Starter Swimming Lessons

Need an extra lesson to boost your child's swimming skills? Try our Jump Starter Swimming Lessons! These single session classes are designed to help your swimmer get extra attention on his or her swimming skills, working with our experienced swimming staff. Feel free to stay after class and enjoy our Float Night event after each session.

1, 30 minute session TOH \$10/NR \$10

Age 3-6

March 20

409910.50 F 5-5:30pm

April 17

409910.51 F 5-5:30pm

May 15

409910.52 F 5-5:30pm

Age 6-12

March 20

409910.53 F 5:30-6pm

April 17

409910.54 F 5:30-6pm

May 15

409910.55 F 5:30-6pm

Wacky Wednesday



Come join us in the pool for great fun and games for the younger crowd. The training pool will be available for kids (must be with an adult in the water) and filled with our wacky water toys. Programming may occur during this time using some areas of the pool.

Noon-3pm | \$5 parent/child | \$2 each additional child

Lifeguard Training and Review Classes

Age 15 & up

Looking for a summer job?

Become a certified American Red Cross Lifeguard or train to renew your American Red Cross Lifeguard certification. Training classes will be offered between March 28-April 3. Detailed class information on page 10 of the Spring Programs and Events Guide.



We offer Outdoor Tennis lessons starting April 6 for ages 4-adult. Visit our website to learn more or check out page 24 in our Spring Programs and Events Guide.

3 on 3 Water Basketball Tournament

Saturday, April 11, 1-6pm

Are you interested in basketball, aquatics, or both? Do you want to combine the excitement of the court with the fun of the pool? Form a team with your friends. Registration forms available at the HCC front desk. Single elimination and fee is \$26 per team.

There will be a limited open swim area during the tournament. Teams may be coed.

Age Categories

- 12 & under (if participant cannot touch the bottom, they may wear a life-jacket)
- 13-14
- 15-18
- Adults

Dive-In Movie



Bring your favorite floats and lounge in the pool while you watch **BIG HERO 6**. An event for the entire family.

Friday, April 24 at 7pm.
General admission fee.

Float Night

The new float the "VIKING SHIP" will be in the pool the third Friday of each month from 6:30pm until closing. Play on the new float and bring your own floats and toys and have fun with the entire family.

General admission fee.



Events On

Herndon Festival 10K & 5K Races

Sunday,
May 31, 2015
7:30am



Runners take your mark and start training for the 2015 Herndon Festival 10K or 5K races. This is a race for all levels. The USATF certified race courses guide runners through historic downtown Herndon. Awards are presented to the top two finishers from each age group, from the 10 & under, to 70 & over. A T-shirt will be given to the first 800 preregistered 10K and 5K participants. Following the race, participants can enjoy refreshments, door prizes, music and an award ceremony. Visit www.herndonfestival.net for registration info.

Breakfast breads and muffins provided compliments of Great Harvest Bread Company, and fruit provided by O'Sullivan's Irish Pub.

Bike to Work Day - Friday, May 15, 2015



Join over 10,000 area commuters for a celebration of bicycling as a clean, fun and healthy way to get to work. Stop by the Herndon pit stop on the Town Hall green between 5:30-10am or 4:30-6:30pm for refreshments and giveaways. Visit www.biketoworkmetrodc.org to sign up. Free T-shirts available at pit stops to the first 13,000 who register.

Historic Downtown Herndon Comes Alive May 28-31, 2015



35 Years Celebrating Herndon

- Three Entertainment Stages
- Carnival
- Fireworks - Thurs & Sat
- 10K/5K Races & Fitness Expo
- Kids' Alley with Children's Hands-On Art Area
- Business Expo
- Arts & Crafts Vendors
- Food Vendors
- Free Shuttle Bus Service

Free Admission

Learn more at
HerndonFestival.net
or call 703-787-7300